



## **The Government of Sark**

**13<sup>th</sup> March 2020.**

**The Director of Public Health is advising that residents should consider avoiding all nonessential travel to, from and within the Bailiwick. This follows the decision by the World Health Organisation (WHO) to declare a COVID-19 Pandemic and the evidence of probable community spread.**

In addition to the advice regarding travel and as an extra layer of caution to protect the local community, The Director of Public Health is advising anyone who has flu-like symptoms (cough, sore throat, running or blocked nose, muscle pains, fatigue) or a fever needs to self-isolate for the duration of these symptoms AND for 48 hours after the resolution of these symptoms. By asking them to self-isolate it will help reduce the risk of the coronavirus spreading. For clarity, it is not necessary for these people to be tested for COVID-19 in the way that travellers returning from Group A (or Group B countries and exhibiting symptoms) are tested. In these circumstances, if the individual is able to, home working should be considered.

A handwritten signature in black ink, appearing to read "Plummer", with a small flourish underneath.

**Conseiller Helen Plummer**

**Chairman, Medical & Emergency Services Committee.**