



The Government of Sark

LA CHASSE MARETTE, SARK GY10 1SF

Telephone: (01481) 832118 E-mail: zannette.bougourd@gov.sark.gg

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INFORMATION FOR PASSENGERS TRAVELLING TO SARK.

IF YOU ARE TRAVELLING TO SARK FROM THE UK, REGARDLESS OF PORT OF ENTRY OR SYMPTOMS, YOU ARE NOW LEGALLY REQUIRED TO SELF ISOLATE FOR FOURTEEN DAYS FROM THE DATE OF ARRIVAL IN SARK.

THIS REQUIRES YOU TO REMAIN INDOORS AND NOT HAVE CONTACT WITH OTHER MEMBERS OF THE HOUSEHOLD. YOU SHOULD REMAIN IN ONE ROOM. IF YOU SHARE A BATHROOM AND/OR KITCHEN, THEN YOU NEED TO USE THE FACILITIES SEPARATELY FROM OTHER MEMBERS OF THE HOUSEHOLD AND DISINFECT ALL SURFACES AFTER USE. CROCKERY, CUTLERY AND TOWELS MUST NOT BE SHARED. YOU MUST WASH YOUR HANDS REGULARLY AND MAINTAIN GOOD PERSONAL HYGIENE.

SHOULD YOU DEVELOP A PERSISTENT COUGH, SHORTNESS OF BREATH OR FEVER, HOWEVER MINOR, YOU SHOULD REMAIN AT HOME AND CONTACT THE MEDICAL CENTRE ON 832045.

WHEN YOU DISEMBARK IN SARK, THERE WILL BE A TOAST RACK AND AN AMBULANCE WAITING, IF YOU HAVE TRAVELLED THROUGH OR FROM THE UK, PLEASE USE THE AMBULANCE.

PASSENGERS RETURNING FROM GUERNSEY, HERM OR ALDERNEY WHO HAVE NOT PASSED THROUGH THE UK SHOULD USE THE TOAST RACK.

WE UNDERSTAND THAT THESE RESTRICTIONS ARE GOING TO CAUSE SOME INCONVENIENCE, HOWEVER THEY ARE ESSENTIAL TO PROTECT OUR COMMUNITY.

Thank you for your co-operation.

Chief Pleas of Sark.